

FAST FACTS

The Earlier Stages of Alzheimer's

Alzheimer's often doesn't begin with obvious symptoms. For many people, it starts quietly, long before changes are easy to recognize.

Understanding the earlier stages can bring clarity to the symptoms or changes someone living with the disease may be having and allow for planning with intention.

FACT 1

Changes in the brain linked to Alzheimer's can begin up to 20 years before symptoms appear, when an individual is cognitively unimpaired. Today, advances in detection are making it possible to identify these changes earlier.

FACT 2

When symptoms do appear, they are often mild at first. People with cognitive impairment may notice small changes, like forgetting names, repeating questions, misplacing items or stepping back from activities they once enjoyed.

FACT 3

No two people experience Alzheimer's the same way. Symptoms, timing and disease progression can vary widely, which means each person's experience is unique.

For those diagnosed with the earlier stages of Alzheimer's, knowing earlier can make a meaningful difference. It can allow for these individuals to plan ahead, explore care options and focus on what matters most.



To learn more about the earlier stages of Alzheimer's and hear from people living with the disease, visit ThisisALZ.com.

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SOURCES

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